

FMWR 2012

Fitness Challenge

- Choose one of the following categories:
 - *Fitness
 - *Weight loss
 - *Total lifestyle change
- Challenge begins January 2 through April 2, 2012
- Join us!



Get rewarded for your success
\$Cash award for 1st place in each category!

- * Please call or email for official registration
- Pam Greene for details 751-5768
- pamela.greene1@us.army.mil

