

Cortez Benson-CB
 Alecia Porter-AP
 Pamela Sulton-PS
 Anna Viviano-(sub)
 Harry Williams-HW

February 2012-Knight Pool

Quote: Without hard work, nothing grows except weeds”

Instructors

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 5:30pm Ttlbdy/HW	2 12pm WTU/PS 5:30pm Latin/CB	3 9&10am Seniors/PS	4
5	6 9&10am Seniors/PS 5:30pm Cardio/AP	7 12pm WTU/PS	8 5:30pm Ttlbdy/HW	9 12pm WTU/PS 5:30pm Latin/CB	10 9&10am Seniors/PS	11
12	13 9&10am Seniors/PS 5:30pm Cardio/AP	14 12pm WTU/PS	15 5:30pm Ttlbdy/HW	16 12pm WTU/PS 5:30pm Latin/CB	17 9&10am Seniors/PS	18
19	20 <i>President's Day No Classes</i>	21 12pm WTU/PS	22 5:30pm Ttlbdy/HW	23 12pm WTU/PS 5:30pm Latin/CB	24 9&10am Seniors/PS	25
26	27 9&10am Seniors/PS 5:30pm No Class	28 12pm WTU/PS	29 5:30pm Ttlbdy/HW			

www.fortjacksonmwr.com/fitness