



the edge

Bananarama

August 2010

Mondays, Starting August 2 (3:30 – 5:00)

5955-D Parker Lane

For 9 - 15 year olds

This is a free package for middle school & teen youth. For youth under 11 yrs old, cost is \$5 per hour.



August 2

Bread can be more than something you make into a sandwich. Learn to use bananas to make yummy banana bread with honey butter.

August 9

Whip up a banana into a healthy smoothie! How about a strawberry banana smoothie or a peanut butter and banana smoothie...even a chocolate banana smoothie!

August 16

Layers of vanilla wafers, creamy vanilla pudding, and fresh bananas! Yum, let's whip up some classic banana pudding.

August 23

Take two classic banana recipes and add cupcake pans...what do you have...Banana Cream Pie and Bananas Foster...in a cupcake!

August 30

Time to make the granddaddy of all banana dishes...the banana split! Create your own with a huge assortment of ingredients.

Contact Beverly Metcalfe for more information at 751-3053. You may now register for EDGE programs at <https://webtrac.mwr.army.mil>. Become a fan of the Fort Jackson EDGE Program on Facebook and look for us at www.fortjacksonmwr.com/cyss/edge.



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